



# ROCKY RIVER PACKING LIST

This is a *suggested* checklist for a one-week camper. Adjustments should be made for a ten-day and two-week camper. Laundry will be done over the weekend during Sessions 2 and 5 only.

## REQUIRED

- Water bottle (with camper's name)
- River shoes (*not flipflops or crocs*) that stay securely on feet with a backstrap or backpanel, e.g. old athletic shoes, "water shoes" with backstrap, etc.
- Sunscreen

## RECOMMENDED BEDDING

- Pillow with pillowcase
- Set of twin sheets
- Blanket or comforter
- Favorite stuffed animal/blanket

## CLOTHES

- Shorts (5 pairs)
- T-shirts (6)
- Light sweatshirt/jacket
- Hat/cap
- Swimsuits (3-4, old ones are fine)
- Athletic shoes (1 pair)
- Socks (5 pairs)
- Denim jeans (2-3 pairs, for horseback)
- Pajamas (2 pairs)
- Undergarments

## TOILETRIES

- Shower towels (3)
- Washcloths (2-3)
- Toothbrush & toothpaste
- Body wash/soap
- Shampoo & conditioner
- Detangler spray
- Hairbrush or comb
- Hair ties (long hair must be pulled back for Challengers, Horseback, and swimming in the pool)
- Shower caddy
- Feminine hygiene products (*if needed*)

## OTHER

- Swim goggles
- Beach towels (3)
- Tote bag (for clothing changes between classes, e.g. swimming to horseback)
- Flashlight (with extra batteries)
- Pre-addressed, stamped envelopes
- Laundry bag (with camper's name on outside)

## OPTIONAL

- Disposable or inexpensive digital camera
- Stationary, pens and pencils
- Bug spray
- Costume, musical instrument or props for the Talent Show
- Theme Day outfits